

turningpoint

Your Lifestyle, Your Well-Being

Issue 2 - December 2017

EXCLUSIVE SISTER SLEDGE shares about loss of their SISTER JONI

INSPIRED ART with soul by ANDRE PARCHMENT

FINE DINING Review by Tony Jazz, our own Mr Top Hat

HEALTH AND WELL-BEING WITH SISTAHINTHERAW AND KENNETH BARRETT

Plus great giveaways and
MUCH MORE...



CURTIS WALKER

Britain's Very Own
Funny Man About Life

RUSSELL PETERS

Toronto's
International
Comedian About
His Views On Life





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FROM THE EDITOR

Look how time has flown. Another year almost at a close, where did time go? with many pondering **are** we getting older quicker or is it how we are living? Too many of us are living life so much in the fast lane and everything becomes a blur.

Yet, I'm not going to bore you with talk of creating New Year's Resolutions and all that malarkey because I very much feel we can create those anytime of the year. However, in this issue I want you to be selfless and focus only on **YOU**. I hear some say "What at this time of year? when there are presents to buy, turkey to stuff, puddings to make and people to feed?" Yep, I'm still going to ask you to focus on **YOU** and what you want to change in your world. Maybe this year you'll draft in the caterers to prepare your festive dinner or bribe the grandchildren to do the washing up so that you can put up your tootsies and watch The Wizard of Oz for the zillioneth time. Or maybe depress yourself watching East-End-it (Eastenders). It's my wish for you to get from this issue an idea, a concept to become inspired by how **YOU** would like to live **YOUR** life from this point on. This is more than just writing down goals and making resolutions, TurningPoint would like you to consider creating a lifestyle, **YOUR LIFESTYLE** so let's get radical **NOW**. Are you caught up in the drama of life until you can't see further than your **nose?** or **are you ready to rock** with life but need support to get there? Or are your cylinders on **red, ready to blast off?** Wherever you are at know that TurningPoint is here to offer support, guidance, information and knowledge to help you kick start **YOU** into wherever you want to be.

Once again there are so many wonderful articles to tickle your fancy as you munch on another mincepie or sous foot. Toronto's very own international comedian Russell Peters shares his rather interesting take on life and we get a peep into his new TVseries on Netflix. Our very own home boy, Curtis Walker gives his take on life and shares about his up-coming gig with the UK's other legendary comedians on 2nd December at Catford Broadway Theatre. There is also a link to a great audio interview with Flo AKA Floacist from Floetry about her UK Tour and latest album Good **Life**. What an interview, inspiring, enlightening - what a philosopher! <http://estheraustinglobal.com/podcast/interview-with-flo-aka-floacist-of-floetry-and-her-latest-single-good-life/>.

I started street dancing three months ago with a young tutor called **Jerry** whose advert is in the magazine, because I'd wanted to try it for a long time. At times my knees felt as if they



were going to disintegrate and my swivels were more like staccato hip hop, however, I'm still turning up every Tuesday evening, Dr Martens in Tow and a Bottle of water (my knees wished it was whiskey) **and** leave feeling fitter, happier, whilst having a huge amount of fun. So what are you doing in your world to have more fun? And you're never too old to street dance. If in London why not join me on a Tuesday in Beckenham.

Look out for lots of great prizes as well. Joining us this issue is the suave Tony Jazz with a fabulous Restaurant Review of Fumo Italian in Covent Garden a man who has great taste in everything. I'm going to call him Mr Top Hat – when you see this man you will know why. We will also be hearing from Andre Parchment an inspired artist who paints some very poignant and interesting pieces and much more.

So, Become Inspired, Become Courageous, Become Who You were Meant to Be and oops nearly forgot the obvious – **WISHING YOU ALL A WONDERFUL FESTIVE SEASON AND AN ABSOLUTELY FABULOUS START TO 2018 AND A HUGE THANK YOU TO EVERYONE WHO HAVE SUPPORTED MY DREAMS IN 2017.** I have some really great offers to all your lovely people just from me.

P.S – If you would like me to cover a subject in this magazine or have any comments to make write in and let me know to: editor@estheraustinglobal.com

Esther
Esther Austin
Chief Editor
Author



Jerry Johnson (Freedom 2)

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EXCLUSIVE

INTERVIEW WITH

SISTER SLEDGE

ABOUT THE LOSS OF THEIR

SISTER JONI

IN MARCH 2017

On 15th march 2017 this official statement was released:

“The medical examiner and Joni's personal physician determined on 10th March 2017, that her death was due to natural causes which arose from complications from a pre-existing condition. Please continue to respect the family's request for peaceful privacy during this very difficult time. Thank you & God Bless You!”

