

turningpoint

YOUR LIFESTYLE, YOUR WELL-BEING

AUTUMN 2021

HOPE

BEY BRIGHT

*"THE BAD BOY
OF INDIE SOUL"*

Rocking the Airwaves!

BREAST CANCER SURVIVOR

Scherrie Payne Formerly
of The Supremes
talks about her healing

TRIBUTE BAND 'LEONID & FRIENDS' FROM RUSSIA

Taking the world by storm

'LET'S END CHILD TRAFFICKING'

Julia Verdin, Director of
Angie: Lost Girls talks
about her latest film

CHAE
ON TRAUMA, HEALING AND HOPE



FRONT COVER PHOTO CREDITS:

Main Image: Bey Bright
Photographer: James Ferry

DISCLAIMER All rights reserved. The views expressed in this publication are not necessarily those of the publisher. The publisher cannot accept responsibility for any errors or omissions relating to advertising or editorial. The publisher reserves the right to change or amend any competitions or prizes offered. No part of this publication may be reproduced without prior written consent from the publishers. No responsibility is taken for unsolicited materials or the return of these materials whilst in transit. TurningPoint Magazine Your Lifestyle, Your Well-Being is owned and published by Esther Austin Global Publishing.

The opinion expressed in each article is the opinion of its author and does not necessarily reflect the opinion of TurningPoint Magazine Your Lifestyle, Your Well-Being. Therefore, TurningPoint Magazine Your Lifestyle, Your Well-Being carries no responsibility for the opinion expressed thereon.



TurningPoint Customer
Discount Code:

EAGUPCIRCLESKINCARE



At UpCircle, we elevate leftover natural ingredients, bringing them back to life as beauty products your skin will love. Our products are natural, organic, vegan, cruelty-free, palm oil-free, sustainable, handmade in the UK and housed in 100% recyclable packaging. But the key point of difference between other brands and us is that each of our products is made with a core repurposed ingredient. "Natural" is the new "normal" – we go a step further with our waste-fighting formulations. Our products rescue and reuse TEN skin-loving natural ingredients from varied industries across the globe, including the argan, tea, juice, date, olive and wood industries. The only limit to by-product beauty is our imagination!

UpCircle Beauty™
<https://upcirclebeauty.com>

Testimonial:

TURNINGPOINT'S CHIEF EDITOR PRODUCT REVIEW

As chief Editor of this magazine, I had the pleasure to conduct a product review on the Upcircle Face Moisturiser and the Face Serum. They came simply but nicely packaged. I used their products for 3 months, and I have to say my complexion is so much better, clearer and more plumped and healthy looking. My skin is also tighter. The products are not oily or greasy, yet they are rich and creamy and absorb easily into the skin.

I particularly loved the face serum which was rich, easily absorbable, and the smell of the coffee extract I found really enticing.

I have ordered more products from Upcircle. They come highly recommended and because I love the ethos of what they stand for.

A great Way to spice up your life and your skin for the festive season. Be Comfortable in Great Skin

PIONEERING
SKINCARE.
REGENERATIVE
BY DESIGN.



CONTENTS

turningpoint

YOUR LIFESTYLE. YOUR WELL-BEING

EDITOR'S NOTE | 05

EXCLUSIVES | 08

Bad Boy of Indie Soul 'Bey Bright' Rocking the Airwaves

Breast Cancer & Depression Scherrie Payne Shares her Personal Journey



FEATURES | 20

Angie: Lost Girls A Social-Impact Film about Child-Trafficking by Julia Verdin

Fighting Through the Demons with Martial Arts and Music David Rangel

CHAE My Journey with Rape and Trauma to Love & Forgiveness

The Strength Within, Grants Hope for All Rianna Naomi



HEALTH AND WELL-BEING | 37

YAABA Vegan Hub: Pays Homage to the Ancestors through Healing Foods

Don't let Back and Neck Pain Prevent you From Doing What you Love Anthony Padgett and Michelle McWilliam



FASHION | 44



Tatiana Vassi The Fashion Phenomena Birthed During Lockdown

Creative Goddess from 'Cali' Vida Craddock Rocking The Fashion World,

Esther's Fashion Hacks: How to Create Your Unique Individual Style

Unstoppable – Yana Flame The Queen of Couture