

turningpoint

YOUR LIFESTYLE, YOUR WELL BEING

WINTER 2020

Coming Through Covid

A CARIBBEAN EXPOSE



Alison Hinds

Queen of Soca
Barbados



Arthur Allain

Soca King
St Lucia



Stedson 'RPB' Wiltshire
Cultural Ambassador for Barbados



The Fabulous 5
50 Year Anniversary
Jamaica



**Nostalgia : Celebrating the
Festive Spirit of the Caribbean**

FRONT COVER PHOTO CREDITS:

Image: Stedson 'RPB' Wiltshire – Photographer: Alwyn Kirk

Image: The Fab 5 – Photographer Alvin Campbell

DISCLAIMER All rights reserved. The views expressed in this publication are not necessarily those of the publisher. The publisher cannot accept responsibility for any errors or omissions relating to advertising or editorial. The publisher reserves the right to change or amend any competitions or prizes offered. No part of this publication may be reproduced without prior written consent from the publishers. No responsibility is taken for unsolicited materials or the return of these materials whilst in transit.

TurningPoint Magazine Your Lifestyle, Your Well-Being is owned and published by Esther Austin Global Publishing.

The opinion expressed in each article is the opinion of its author and does not necessarily reflect the opinion of TurningPoint Magazine Your Lifestyle, Your Well-Being. Therefore, TurningPoint Magazine Your Lifestyle, Your Well-Being carries no responsibility for the opinion expressed thereon.



MESSAGE FROM ACROSS THE POND

Christmas Eve people or family members got to town and shop.
Christmas Day family members get together and have dinner and party.

Uncle Felix Antoine
An Elder from Grenada

CONTENT

EDITORS NOTE | 05

EXCLUSIVES | 07

Stedson Wiltshire aka 'RPB' Cultural Ambassador to Barbados, Keeps things Real

Arthur Allain, Soca King from St Lucia Keeps us Inspired

Alison Hinds, Barbadian Soca Queen Holds the Torch of Hope

The Fab 5 Celebrates 50 Years in the music Industry

Andrew Cassanova , Vocalist: Reggae, Rock, Soca and More



FEATURES | 27

Jamaica: From the Slums to Bobsledding, Motivational Speaker Devon Harris Inspires

Tishuana Mullings Sisters are Doing it for Themselves

Latoya Wakefield a Young Woman with Hope and Wisdom

Jadine Greenaway from Montserrat Sings into our Covid Blues

Brazil: Afro-Brazilian Rhythm and the New Era of R&B in Brazil by Sideise Bernardes Eloí

Grenada: Alana David, Tori Calliste and Alyssa David Inspire Us

Dominica: Care of The Elders, Marie-Therese Junkerre talks about her Residential Care Service



TRAVEL | 52

Shon Alam Bidwedge: Options of Taking Your Money to the Caribbean

CONTENT

FINE DINING, ISLAND FESTIVITIES AND DELICACIES | 57

A Brief Journey into the Origin of Caribbean Cuisine By Tony Jazz



REMINISCING – STORIES FROM HOME | 66

It's the Little Things Part 1– Kwame McPherson

Home by Sandra Wilson



HUMOUR | 71

Aunt Gertrude: Lock down belly and Thighs. Can't a Gal Enjoy her Cake?

Oliver Samuels: Inspires us with Humour



INTERNATIONAL NEWS | 77

JJ's Sorrel, UK: The Journey of a Thousand Steps

Out of Africa: Kiroto Coffee from Africa to London

Celebrating The US' First Caribbean American Vice President-Elect Kamala Harris